

- The **Authorities** Of God.

“Let every soul be subject to the governing authorities. For there is no authority except from God, and the authorities that exist are appointed by God.”
Romans 13:1

What Authorities?

1. **Husband** (Ephesians 5:22)
2. **Parents** (Ephesians 6:1)
3. **Pastor** (Hebrews 13:17)
4. **Employer** (Ephesians 6:5)
5. **Government** (I Peter 2:13)

- The **Sovereignty** Of God.

“For a great and effective door has opened to me, and there are many adversaries.”
I Corinthians 16:9

- The **Peace** Of God.

“And let the peace of God rule in your hearts, ...”
Colossians 3:15a

V. **ACKNOWLEDGE** AND TRUST GOD WHEN YOU DON'T UNDERSTAND

*“5 Trust in the LORD with all your heart, And lean not on your own understanding;
6 In all your ways acknowledge Him, And He shall direct your paths.”*
Proverbs 3:5-6

“8 “For My thoughts are not your thoughts, Nor are your ways My ways,” says the LORD.

9 “For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than your thoughts.”
Isaiah 55:8-9

“He leads me in the paths of righteousness For His name’s sake.”
Psalm 23:3b

STRESSBUSTERS **Busting The Stress Of Indecision** **Pastor Steve Reynolds**

INTRODUCTION

- A.** Are you ready to bust your stress? In these tough times you long for a more peaceful life. Our Stressbusters teaching series will show you how to bust six forms of stress. This series is based on the famous Psalm 23. This powerful Psalm, written by David, has given comfort to countless people.

“For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life.”

II Corinthians 1:8

- B.** Watch this series and find the ultimate relief for the daily stresses of your life. The messages include:

May 10	Busting The Stress Of Worry
May 17	Busting The Stress Of Damaged Emotions
TODAY	Busting The Stress Of Indecision
May 31	Busting The Stress Of Dark Valleys
June 7	Busting The Stress Of Difficult Relationships
June 14	Busting The Stress Of The Future

- C. TEXT:** Psalm 23:3b (Pew Bible/Page 537/Old Testament)

Decision making is stressful because...

- Life is a **series** of decisions.
- Every decision has **consequences**.
- We are **imperfect** and sometimes make bad decisions.

The importance of decision making often leads to the stress of indecision.

“A double minded man is unstable in all his ways.” James 1:8

BUSTING THE STRESS OF INDECISION

I. ADMIT THAT YOU NEED A GUIDE

“All we like sheep have gone astray; We have turned, every one, to his own way; And the LORD has laid on Him the iniquity of us all.”
Isaiah 53:6

“There is a way that seems right to a man, But its end is the way of death..”
Proverbs 14:12

God’s leading in decision making is not based on a...

- **Feeling** (the mystical approach)
- **Formula** (the mechanical approach)
- **Fanaticism** (the magical approach)
- It is a **fellowship** (the relational approach)

“I will instruct you and teach you in the way you should go; I will guide you with My eye.”
Psalm 32:8

II. ACCEPT GOD THE SHEPHERD AS YOUR GUIDE

“The steps of a good man are ordered by the LORD, And He delights in his way.”
Psalm 37:23

“For as many as are led by the Spirit of God, these are sons of God.”
Romans 8:14

“The humble He guides in justice, And the humble He teaches His way.”
Psalm 25:9

“6 Now when they had gone through Phrygia and the region of Galatia, they were forbidden by the Holy Spirit to preach the word in Asia.

7 After they had come to Mysia, they tried to go into Bithynia, but the Spirit did not permit them.

8 So passing by Mysia, they came down to Troas.

9 And a vision appeared to Paul in the night. A man of Macedonia stood and pleaded with him, saying, “Come over to Macedonia and help us.”

10 Now after he had seen the vision, immediately we sought to go to Macedonia, concluding that the Lord had called us to preach the gospel to them.”
Acts 16:6-10

III. ASK GOD IN FAITH FOR DIRECTION

“5 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.

6 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.”

James 1:5-6

IV. LISTEN FOR GOD’S RESPONSE

“For God may speak in one way, or in another,...” Job 33:14a

God speaks through...

- The **Word** Of God (the primary way).

“Your word is a lamp to my feet And a light to my path.”

Psalm 119:105

- The **People** Of God.

“Where there is no counsel, the people fall; But in the multitude of counselors there is safety.” Proverbs 11:14