



Our Truly Happy campaign is a spiritual growth campaign and teaching series that shows people how to find true happiness in a fake world by being the characteristics described by Jesus in the Beatitudes (Matthew 5:1-12).

This campaign is for every person in our church and community, and it uses the power of alignment at three levels to help us put these happiness characteristics into practice:

- Individual Level – we are providing weekly GROWTH GUIDES and KEY VERSE CARDS.
- Group Level – we are providing TRULY HAPPY GROWTH GROUPS where you can connect with others and talk about each topic.
- Congregational Level – we are providing a series of nine TRULY HAPPY sermons based on the Beatitudes.

Imagine the impact in our lives if we all found true happiness in a fake world through this campaign.

### ARE YOU TRULY HAPPY?

*“...Happy are the people whose God is the LORD!”*

Psalm 144:15b

## TRULY HAPPY Let's Get Truly Happy Pastor Steve Reynolds

### INTRODUCTION

- A. “Where can I find TRUE happiness?” Virtually everyone has ask this question at some point. The challenge is finding true happiness in a world full of fake. The good news is true happiness is available and can be found in God.

*“...Happy are the people whose God is the LORD!”*

Psalm 144:15b

Yes, God wants you to be TRULY HAPPY! But God's plan for true happiness looks very different than you would expect.

- B. God reveals His plan for human happiness in what is called the Beatitudes (Matthew 5:1-12). Join the Capital Family for a journey through this famous Bible passage and find out what Jesus said about true happiness in a world full of fake.

TODAY	Let's Get Truly Happy
Oct 17	Happy Are The Humble
Oct 24	Happy Are The Sad
Oct 31	Happy Are The Meek
Nov 7	Happy Are The Hungry
Nov 14	Happy Are The Merciful
Nov 21	Happy Are The Holy
Nov 28	Happy Are The Peacemakers
Dec 5	Happy Are The Persecuted

- C. **TEXT:** Matthew 5:1-12

## LET'S GET TRULY HAPPY

### I. THE FAKE WAY TO HAPPINESS

Having the right circumstances (Ecclesiastes 2:1-11).

Solomon's "Dead Ends To Happiness":

#### A. Experiencing pleasure.

*"1 I said in my heart, "Come now, I will test you with mirth; therefore enjoy pleasure"; but surely, this also was vanity.*

*2 I said of laughter—"Madness!"; and of mirth, "What does it accomplish?"*

*3 I searched in my heart how to gratify my flesh with wine, while guiding my heart with wisdom, and how to lay hold on folly, till I might see what was good for the sons of men to do under heaven all the days of their lives."*

Ecclesiastes 2:1-3

#### B. Obtaining possessions.

*"4 I made my works great, I built myself houses, and planted myself vineyards.*

*5 I made myself gardens and orchards, and I planted all kinds of fruit trees in them.*

*6 I made myself water pools from which to water the growing trees of the grove.*

*7 I acquired male and female servants, and had servants born in my house. Yes, I had greater possessions of herds and flocks than all who were in Jerusalem before me.*

*8 I also gathered for myself silver and gold and the special treasures of kings and of the provinces. I acquired male and female singers, the delights of the sons of men, and musical instruments of all kinds."*

Ecclesiastes 2:4-8

#### C. Achieving prosperity.

*"9 So I became great and excelled more than all who were before me in Jerusalem. Also my wisdom remained with me.*

*10 Whatever my eyes desired I did not keep from them. I did not withhold my heart from any pleasure, For my heart rejoiced in all my labor; And this was my reward from all my labor."*

Ecclesiastes 2:9-10

The result: Vanity which means emptiness.

*"Then I looked on all the works that my hands had done And on the labor in which I had toiled; And indeed all was vanity and grasping for the wind. There was no profit under the sun."*

Ecclesiastes 2:11

*"For My people have committed two evils: They have forsaken Me, the fountain of living waters, And hewn themselves cisterns—broken cisterns that can hold no water."*

Jeremiah 2:13

*"Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man."*

Ecclesiastes 12:13

### II. THE TRUE WAY TO HAPPINESS

Having the right characteristics (Matthew 5:1-12).

*"If you know these things, blessed are you if you do them."*

John 13:17

#### A. The key word: "Blessed" (Greek word makarios).

Jesus defines happiness as blessed (this word is used nine times in this passage).

*"According to the glorious gospel of the blessed God,..."*

I Timothy 1:11a

#### B. The common name: "The Beatitudes" .

There are eight attitudes that we must be in order to experience happiness.

- Happy Are The Humble (Matthew 5:3).
- Happy Are The Sad (Matthew 5:4).
- Happy Are The Meek (Matthew 5:5).
- Happy Are The Hungry (Matthew 5:6).
- Happy Are The Merciful (Matthew 5:7).
- Happy Are The Holy (Matthew 5:8).
- Happy Are The Peacemakers (Matthew 5:9).
- Happy Are The Persecuted (Matthew 5:10-12).

The main lesson: Your happiness is not determined by what's happening around you, but what happening in you.