

B. God delivers you from sin:

- From the penalty of sin in the past and this is called justification.

“...who delivered us from so great a death,...”

II Corinthians 1:10a

“23 for all have sinned and fall short of the glory of God,

24 being justified freely by His grace through the redemption that is in Christ Jesus,” Romans 3:23-24

- From the power of sin in the present and this is called sanctification.

“...and does deliver us;...” II Corinthians 1:10b

“For this is the will of God, your sanctification: that you should abstain from sexual immorality;”

I Thessalonians 4:3

- From the presence of sin in the future and this is called glorification.

“in whom we trust that He will still deliver us,”

II Corinthians 1:10c

IV. REMEMBER WHAT GOD DOES FOR YOU

- A.** God provides prayer partners for you (when you ask for them).

“you also helping together in prayer for us,”

II Corinthians 1:11a

In at least seven of his letters Paul ask people for prayer support (Romans 15:30-32; Ephesians 6:18-19; Philippians 1:19; Colossians 4:3; I Thessalonians 5:25; II Thessalonians 3:1; Philemon 22).

- B.** God answers prayers for you (say thanks).

“that thanks may be given by many persons on our behalf for the gift granted to us through many.”

II Corinthians 1:11b

Trade In Your Depression For Jesus' Encouragement

THE GREAT EXCHANGE

Trade In Your Depression For Jesus' Encouragement

Pastor Steve Reynolds

INTRODUCTION

- A.** Are you ready for a change? The cross of Jesus Christ was the place where the great exchange took place. His all for our nothing. His righteousness for our sin. His death for our life.

And it did not end there. Through the power of the gospel many more exchanges take place today for those “in Christ”.

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” II Corinthians 5:17

- B.** The Bible book of II Corinthians reveals seven beautiful ways Jesus can change your life. Attend The Great Exchange teaching series and discover how to trade your pain for Jesus' new life. The messages include:

Apr 16 Trade In Your Sin For Jesus' Righteousness
TODAY Trade In Your Depression For Jesus'
Encouragement

May 1 Trade In Your Grudges For Jesus'
Forgiveness

May 8 Trade In Your Discouragement For Jesus'
Motivation

May 15 Trade In Your Suffering For Jesus'
Perfection

May 22 Trade In Your Greed For Jesus' Generosity

May 29 Trade In Your Weakness For Jesus' Strength

Come and hear these messages learn valuable lessons for building your story today.

- C. TEXT:** II Corinthians 1:1-11

This passage reveals how to find encouragement when you are depressed. Paul was depressed (1:8) and he shares what he did to be encouraged. The word “comfort” or “consolation” are repeated a total of ten times in this passage. Both of these words have the same Greek root word which means encouragement.

HOW TO TRADE IN YOUR DEPRESSION FOR JESUS' ENCOURAGEMENT

Depression is a common emotion!! And if you get depressed it doesn't mean you are a bad Christian.

"For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life."

II Corinthians 1:8

I. REMEMBER WHAT GOD IS TO YOU

A. Praise God for His sovereignty.

"Blessed be the God..." II Corinthians 1:3a

"For of Him and through Him and to Him are all things, to whom be glory forever. Amen." Romans 11:36

B. Praise God for His love.

"...and Father of our Lord Jesus Christ, the Father of mercies..." II Corinthians 1:3b

"31 What then shall we say to these things? If God is for us, who can be against us?"

32 He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?" Romans 8:31-32

C. Praise God for His comfort.

"...and God of all comfort," II Corinthians 1:3c

5 For as the sufferings of Christ abound in us, so our consolation also abounds through Christ."

II Corinthians 1:5

II. REMEMBER WHAT GOD DOES THROUGH YOU

A. God gives comfort to you.

"who comforts us in all our tribulation,..."

II Corinthians 1:4a

God has to work in you before He can work through you.

B. God gives comfort through you.

"...that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God." II Corinthians 1:4b

God does not comfort you just to make you comfortable, but also to make you a comforter.

III. REMEMBER WHAT GOD DOES IN YOU

A. God develops your trust in Him.

"Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God who raises the dead," II Corinthians 1:9

"Trust in the LORD with all your heart, And lean not on your own understanding;" Proverbs 3:5

"8 "For My thoughts are not your thoughts, Nor are your ways My ways," says the LORD. 9 "For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than your thoughts." Isaiah 55:8-9