

B. Walk by **faith**, not by fear.

*“The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; Of whom shall I be afraid?”*  
Psalm 27:1

*“For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith.”*  
I John 5:4

IV. **FOCUS** ON THE POWER OF GOD OVER YOUR STORMS  
(4:41)

A. Don't focus on your **storms**.

*“Man who is born of woman Is of few days and full of trouble.”*  
Job 14:1

B. Focus on the **One** who controls your storms.

*“8Let all the earth fear the LORD; Let all the inhabitants of the world stand in awe of Him.  
9 For He spoke, and it was done; He commanded, and it stood fast.”*  
Psalm 33:8-9

*“3 You will keep him in perfect peace,  
Whose mind is stayed on You, Because he trusts in You.  
4 Trust in the LORD forever, For in YAH,  
he LORD, is everlasting strength.”*  
Isaiah 26:3-4

**THIS IS JESUS**  
**Jesus Calms My Fears**  
**Pastor Steve Reynolds**

**INTRODUCTION**

A. All your life you've wondered about Jesus. Who is He really? This Is Jesus will bring you face to face with the real Jesus. You will find the answer to Jesus' question...

*“He said to them, “But who do you say that I am?”* Matthew 16:15

Nothing is more important than knowing the correct answer to this question and how Jesus relates to your life. It impacts the quality of your life and where you will spend eternity.

B. This series will make deep theological topics of Jesus' life understandable and applicable. Come and you will discover how Jesus helps US in our everyday lives! The messages include:

Feb 23	Jesus Forgives My Sin
Mar 1	Jesus Understands My Temptations
Mar 8	Jesus Meets My Needs
Mar 15	Jesus Calms My Fears
Mar 22	Jesus Heals My Sickness
Mar 29	Jesus Provides Rest
TODAY	Jesus Gives Security

C. **TEXT:** Mark 4:35-41 (Pew Bible/Page 984/New Testament)

**ASK JESUS TO CALM YOUR FEARS**

## JESUS CALMS MY FEARS

### I. **KNOW** THAT YOUR LIFE WILL BE FULL OF STORMS (4:35-37)

- A. The disciples were caught in the middle of the storm because they **obeyed** the Lord.

Notice: Obedience doesn't keep the storms away.

*"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."* John 16:33

- B. There are two types of storms that you face:

#### 1. Storms of **Correction** (Jonah 1:1-4)

*"1 Now the word of the LORD came to Jonah the son of Amittai, saying,*

*2 "Arise, go to Nineveh, that great city, and cry out against it; for their wickedness has come up before Me."*

*3 But Jonah arose to flee to Tarshish from the presence of the LORD. He went down to Joppa, and found a ship going to Tarshish; so he paid the fare, and went down into it, to go with them to Tarshish from the presence of the LORD.*

*4 But the LORD sent out a great wind on the sea, and there was a mighty tempest on the sea, so that the ship was about to be broken up."* Jonah 1:1-4

*"He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy."*

Proverbs 28:13

#### 2. Storms of **Perfection** (Mark 4:35-41)

*"2: My brethren, count it all joy when ye fall into divers temptations;*

*3: Knowing this, that the trying of your faith worketh patience.*

*4: But let patience have her perfect work, that ye may be perfect and entire, wanting nothing."* James 1:2-4

### II. **PRAY** TO JESUS DURING YOUR STORMS (4:38)

- A. Know He **cares** for you.

*"casting all your care upon Him, for He cares for you."*  
1 Peter 5:7

*"When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you...."*  
Isaiah 43:2a

- B. Worry about **nothing**, pray about everything.

*"6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

*7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."* Philippians 4:6-7

### III. **BELIEVE** THAT JESUS WILL HELP IN YOUR STORMS (4:39-40)

- A. Jesus is a strong **foundation** in standing strong over fear.

*"5 Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, "I will never leave you nor forsake you."*

*6 So we may boldly say: "The LORD is my helper; I will not fear. What can man do to me?"* Hebrews 13:5-6

*"When the whirlwind passes by, the wicked is no more, But the righteous has an everlasting foundation."*

Proverbs 10:25